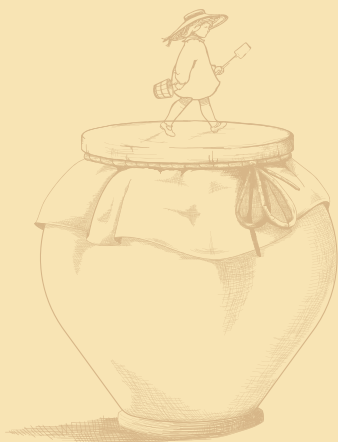


Salut



Takeaway & Delivery

MENU



BREAKFAST

(10:30 - 15:00)

Avocado Toast €5.00

Fresh avocado spread on multigrain toasted bread, tomato and sesame seeds.

Omelette With Cheese €6.00

Omelette with cheese, salad on multigrain toasted bread.

Scrambled Eggs & Cheddar Cheese €6.50

Scrambled eggs topped with Cheddar cheese on multigrain toasted bread.

To Xorkatikon Breakfast €8.50

Pomilorka (tomato and eggs), village halloumi, traditional Cypriot sausage, 2 fried eggs and Cypriot bread with olive oil and oregano.

Middle East €9.00

Falafel, poached eggs, beetroot hummus, spinach - rocket salad served with Lebanese pitta bread and melted cheese.

Fit Eggs €8.50

Fried eggs, spinach - rocket salad, quinoa, avocado, fresh onion and multigrain toasted bread.

Eggs & Chickpeas €8.90

Chickpeas, 2 poached eggs, fresh tomato, mint, turmeric and traces of garlic.

Extra Ingredients

Mushrooms 0.50 / Spring Onion 0.50 / Green Pepper 0.50
Turkey 1.00 / Bacon 1.50 / Cheese 1.00

SOFT DRINKS & COFFEE

Soft Drinks	€1.80
Premium Soda's & Tonic's	€3.00
Three Cents (Ginger Beer, Pink Greipfruit Soda).	
Red Bull Energy Drink	€2.50
Perrier Sparkling Water 20cl	€2.50
Frappe	€2.00
Freddo Espresso	€2.50
Freddo Cappuccino	€2.80
Iced Americano	€2.50
Iced Latte	€2.80
Café Latte	€2.80
Cappuccino	€2.50
Double Cappuccino	€3.50
Americano	€2.50
Nescafe	€2.50
Water	€0.70

FRESH JUICES

A. Orange Juice	€2.80
B. Carrot, Apple, Ginger	€3.80
C. Banana, Orange, Strawberry	€3.80
D. Celery, Apple, Ginger, Mint	€3.80

SMOOTHIES

Banana Ginger	€4.10
Coconut milk, banana, honey, ginger.	
Berry Good Smoothie	€4.50
Coconut milk, strawberries, blueberries, honey, lemon juice.	
Best Smoothie	€4.10
Coconut milk, banana, orange, strawberries.	


BEERS & WINES


KEO 330 ml	€2.50
Stella Artois 330 ml	€3.00
Hoegaarden 330 ml	€3.20
Corona Extra 330 ml	€3.00
Guinness 440 ml	€3.80
Kopparberg 330 ml	€3.50
Chimay Blue 330 ml	€5.00
Voreia IPA 330 ml	€5.00
Happy Brewers IPA 330 ml	€5.00
White Wine 187 ml	€4.00
Red Wine 187 ml	€4.00
Rose Wine 187 ml	€4.00

STARTERS

Soup of the Day (Seasonal) €4.00
Please ask your waiter.


Falafel  **V**  €5.50
8 Lebanese pieces of fried chickpeas mix served with tahini.

Borak  €5.90
4 of our famous Lebanese pies stuffed with halloumi cheese.

Grandpa's Aubergines  €6.50
Fried aubergines topped with yogourt, chopped tomato and fried Lebanese bread.

Mozzarella Sticks  €5.10
6 pieces of breaded mozzarella sticks.

Chicken Fingers €4.80
4 pieces of fried chicken fillet tenders covered with toasted bread.

Nachos & Dips  €9.90
Mexican Tortillas topped with melted cheese, green pepper, chopped tomato, fresh onion served along with avocado, sour cream and melted Cheddar cheese dip.

Sweet Potato Chips **V** €3.90
Fresh sweet potato chips with sweet and sour sauce.

Homemade Dips    €2.50
Avocado / Hummus Beetroot / Hummus / M'tabbal, Sour Cream / Mohamara + €0.30

NUTRITION

Turmeric Beef Souvlaki €11.00
Protein 68gr. / Carbs 36gr. / Fat 27gr. / Kcal 650
Lean Beef marinated in turmeric served along with basmati rice and steamed vegetables.


Gluten Free Chicken Pasta €8.90
Protein 40gr. / Carbs 67gr. / Fat 20gr. / Kcal 571
Gluten free pasta with chicken fillet cooked in fresh tomato sauce.


Quinoa Salad With Avocado **V** €9.50
Protein 11gr. / Carbs 63gr. / Fat 17gr. / Kcal 433


Extra Chicken fillet + €3.00
Protein 40gr. / Carbs 63gr. / Fat 24gr. / Kcal 612
Quinoa, avocado, mixed greens, tomato topped with coriander sauce.


Memos Salad €8.00
Protein 69gr. / Carbs 59gr. / Fat 20gr. / Kcal 677
Lean chicken breast, parsley, groats, tomatoes and basmati rice.



SALADS


Lentil & Quinoa Dream  **€9.20**
Lentils, quinoa, rocket, parsley, chopped tomato, groats, spring onion, cucumber, avocado, chili pepper and traces of garlic.


Chickpeas Made In Heaven  **€8.50**
Chickpeas, spinach, parsley, chopped tomato, groats, spring onion, cucumber, avocado, chili pepper, traces of garlic.



Tabouleh  **€6.50**
Lebanese salad of finely chopped parsley, tomatoes, groats, onion and mint.

Fattoush  **€6.50**
Lebanese salad of seasonal vegetables topped with pomegranate sauce and fried Lebanese bread.

Mix Green Salad With Avocado & Almonds   **€8.80**
A variety of mix greens, green pepper, almonds, avocado, topped with honey mustard sauce.

Chicken Salad  **€8.20**
Lettuce, cherry tomatoes, almonds, honey-mustard sauce, chicken fillet and fried pitta bread.


King Prawns Salad  **€11.20**
Lettuce, avocado, fresh orange, King Prawns, sesame seeds and freshly chopped tomato dressed with orange vinegrette.


Goat Cheese Salad   **€8.00**
Mix greens salad with pomegranate, goat cheese, almonds, fried pitta bread, topped with honey mustard sauce.

Steak & Goat Cheese Salad **€10.40**
Mix green salad with pomegranate, goat cheese, tenders of steak and pesto.

PASTA

Pasta Pomodoro   **€6.80**
Linguini pasta in tomato sauce, onions, traces of garlic and rosemary.

Chicken Linguini  **€8.90**
Linguini pasta with chicken, in fresh cream, mushroom, broccoli and traces of garlic.

Prawns Pasta  **€10.90**
Linguini pasta with 6 prawns, in fresh cream, tomato, onions and traces of garlic.

SANDWICHES/BURGERS

- Beetroot & Hummus Sandwich**   **€5.00**
Homemade Lebanese hummus with pickled beetroot, rocket, mustard base sauce in ciabatta bread.
- Halloummus**    **€6.50**
Homemade Lebanese beetroot hummus with grilled halloumi, tabouleh, pickles in multigrain french baguette.
- Salmon & Avocado Sandwich**  **€7.50**
Fresh avocado spread with smoked salmon, rocket, mustard based sauce in multigrain french baguette.
- Tuna Sandwich**  **€4.50**
Tuna, parsley, red onion, mustard Dejun and honey in multigrain french baguette.
- Falafel In Pita**    **€5.50**
4 pieces of falafel, tabouleh, tahini served in Lebanese pitta along with freshly chopped potatoes.
- Chicken Wrap In Pita** **€6.20**
Marinated grilled chicken fillet with tahini, tabouleh served in Lebanese pitta along with freshly chopped potatoes.
- Club Sandwich** **€6.40**
Bacon, turkey, egg, lettuce, mayonnaise in sliced bread, served with freshly chopped potatoes.
- Beef Burger** **€8.20**
Homemade beef burger served with salad and freshly chopped potatoes.
- The Salut Special Burger** **€9.90**
275gr. of black angus, egg, caramelised onions, served with salad, potato wedges and BBQ sauce.
- The Vegan Burger**  **€10.50**
Veggie burger with cucumber pickles, onion, tomato, lettuce, served with sweet potato fries and sweet chili sauce.
- Diane Beef Burger** **€10.50**
Homemade beef burger topped with Diane sauce served with salad and potato wedges.
- Blue Cheese Burger** **€10.50**
Homemade beef burger topped with blue cheese sauce served with salad and potato wedges.
- Extra Ingredients**
Cheese **0.50** / Bacon **1.50** / Caramelised Onions **1.00**



HOT



GARLIC

MAIN COURSES

Dish of the Day (See table)

Beans, Lentils, Black Beans **€5.00** / Fish Fillet, Meat Balls
Cannelloni, Roasted Chicken, Chicken in Barley **€5.90**

Salut Pork Chop (700 gr.) **€11.20**

Grilled pork chop marinated in honey-mustard sauce, served with potato wedges and salad.

Pork Fillets With Mushroom Sauce **€9.60**

Pork fillets in sauce of vegetable cream, gravy and commandaria served with mash potato and steamed vegetables.

Chicken On Grill **€9.50**

Grilled chicken in sauce of vegetable cream and mushrooms served with basmati rice and steamed vegetables.

Kafta **€11.00**

Finely ground marinated beef kebab, served with freshly chopped potatoes, tabouleh and Lebanese pitta.

Shish Taouk **€9.90**

Lebanese marinated chicken fillet kebab served with freshly chopped potatoes, tabouleh and Lebanese pitta.

Lahme Mishwe **€11.00**

Grilled lamb on skewers, served with freshly chopped potatoes, tabouleh and Lebanese pitta.

Oriental Salmon Fillet **€12.90**

Marinated salmon fillet dressed with our freshly cooked sauce of ginger, pistachio and fresh fruit juices, served with basmati rice and steamed vegetables.

King Prawns With Ouzo **€13.00**

6 King Prawns cooked in ouzo and vegetable cream sauce, served with basmati rice and steamed vegetables.

Cauliflower Steak With Pesto Linguini **€10.00**

Cauliflower Steak marinated in turmeric, served with pesto linguini and rocket salad.

Steak Diane (250 gr.) **€18.90**

Steak fillet in Diane sauce served with mash potato, onion rings and steamed vegetables.

Pepper Steak (250 gr.) **€18.90**

Steak fillet in pepper sauce, served with mash potato, onion rings and steamed vegetables.

T-Bone Steak (360 gr.) **€18.90**

T-Bone steak with Bearnaise sauce on the side, served with mash potato, onion rings and steamed vegetables.

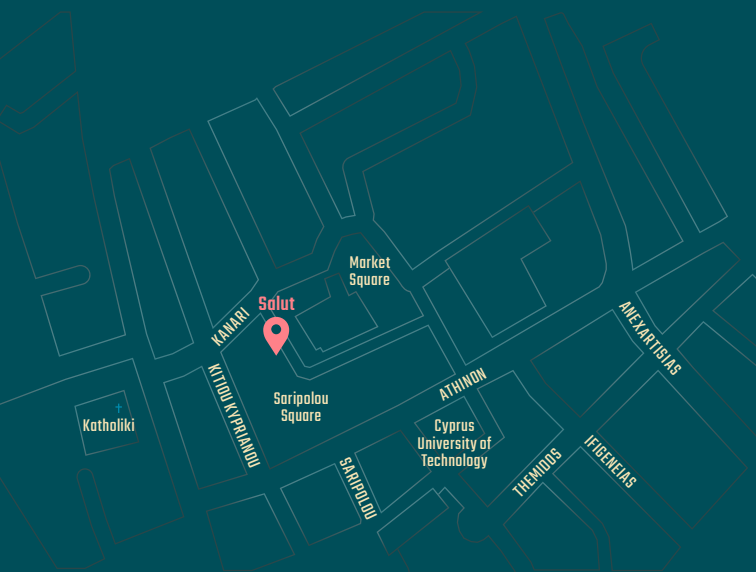
DISH OF THE DAY

Monday / Beans, Fish Fillet. **Tuesday** / Lentils, Meat Balls.

Wednesday / Black Beans, Cannelloni.

Thursday / Roasted Chicken. **Friday** / Chicken in Barley.

salutmenu.com



97 692 091 / 25 871 614

SARIPOLOU 71-73, 3036 LIMASSOL, CYPRUS

Delivery Hours 12:00-21:00

Minimum Delivery Charge €0.00 - Maximum Delivery Charge €2.50

Minimum Delivery Order €5.00 + Delivery Charge / Prices include all taxes.